

GRATITUDE IS THE GATEWAY TO A HEART FILLED WITH JOY
AND A LIFE FILLED WITH ABUNDANCE





FIVE LITTLE THINGS THAT MADE ME SMILE TODAY:

- •

MY FAVOURITE PEOPLE

ME

THE GREATEST LESSON OF MY LIFE



IOESDAI	DATE 7 7		
FIVE THINGS I LIKE ABOUT MYSELF	THINGS THAT I LOVE DOING		
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•			
•			
THE ONE THING I AM MOST GRATEFUL FOR			

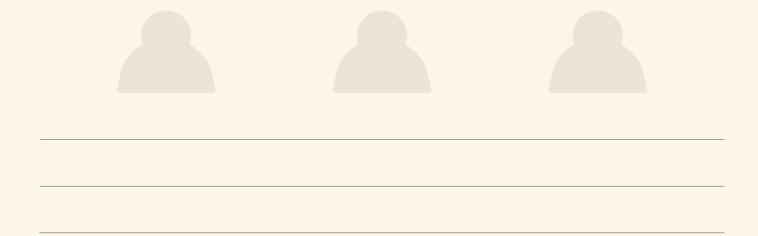


## THE PERSON THAT I AM MOST GRATEFUL FOR



FIVE GREAT THINGS THAT HAPPENED TODAY				

THREE PEOPLE THAT TAUGHT ME VALUABLE LESSONS



FRIDAY	DATE / /	
HE BEST THINGS THAT I OWN	MY FAVOURITE SONGS	
MY GREATE	EST ACHIEVEMENT	



## MY TOP THREE QUALITIES



## THE BEST TRIP I HAVE EVER HAD



THE FIVE THINGS THAT ALWAYS MAKE ME HAPPY

MY FAVOURITE MOVIES / BOOKS / SHOWS



## WHAT I AM GRATEFUL FOR TODAY



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